



**WATERVILLE
COMMUNITY
DENTAL CENTER**



Newsletter December 2019

Waterville Community Dental Center has been providing community dental services since 2000, working to fulfill its mission to improve access to quality oral health care for low income, uninsured, underinsured and Medicaid-eligible residents of central Maine.

RELOCATION

Faced in 2018 with the need to relocate from downtown Waterville after 18 years and with the help of tremendous community support, Waterville Community Dental Center purchased a building, completed renovations, and moved to its new home in January 2019.

WCDC was able to expand from seven to nine operatories, allowing space to recruit a second full time dentist, a fourth hygienist, and to become a teaching site for dental students from the University of New England College of Dentistry.

These during and after renovation photos show the result of the hard work that went into creating a new space:



This move has allowed the Center to continue dental services for over 3,300 residents of Central Maine, most of whom would not otherwise have access to oral health care. In addition, with the help of both the increased staff and improved efficiency in the new space, WCDC has been providing care for up to 90 new patients a month.

Our deep thanks go out to the individuals, businesses, and foundations that made the relocation of Waterville Community Dental Center and the continuation of these vital oral health services to our community a reality. We look forward to building on these services for years to come.

Volunteer Opportunity

Waterville Community Dental Center is recruiting individuals who recognize the importance of oral health in our community and who are interested in working as a member of the board to sustain and grow the oral health services of WCDC. If you are interested or have questions, please contact Barbara Covey, Board President, covjos49@gmail.com.

MEET OUR STAFF

Services delivered at WDC are a coordinated team effort, from the dedicated staff at the front desk to the skilled and caring dentists, hygienists, and assistants who provide dental care. In this newsletter, we introduce the dentists who lead our clinical team.



Dr. Jessica Smith graduated from the Messalonskee school system and from the University of Maine at Farmington. She earned an associate's degree in dental hygiene from the University of Maine at Augusta. When

the University of New England opened its College of Dental Medicine in Portland, Dr. Smith was accepted and graduated with the school's second graduating class, in 2018.

Dr. Smith joined WDC on graduation from UNE. She is clinical director and has been a critical part of the Center's recent growth and development. She enjoys working closely with her hometown community.



Dr. Kailee Williams is originally from upstate New York and attended Hamilton College for her undergraduate degree. She worked in Washington, D.C., as an orthodontic assistant for two years prior to attending the University of New England

College of Dental Medicine.

Patient-centered care and public health are two of Dr. Williams's passions, and she strives to bring her passion into her practice every day.

She is currently completing her master's degree in Public Health. Dr. Williams believes in comprehensive dental care and enjoys helping patients achieve healthy and beautiful smiles.

UNE DENTAL STUDENT



Brian Duffy is 4th year dental student at the University of New England. Brian is originally from Idaho and is enjoying serving the great people of Maine! Waterville Community Dental Center

began working with UNE to provide educational opportunities for students and to improve access to dental care for the areas in which they serve.

Toothbrush Trivia



The first known toothbrushes were tooth sticks dating back 7,000 years and actually still in use in many parts of the world. Twigs, most often from plants that have antibacterial and other medicinal qualities, are chewed on and the resulting frayed ends are used to clean the teeth. The Chinese are believed to have invented the first natural bristle toothbrush in the 15th century, with the bristles from pig's necks attached to a bone or bamboo handle. In the 1700's and English inventor adapted this design using cattle bone and swine bristles. Modern toothbrushes with nylon bristles arrived in the late 1930s, and the first electric toothbrush was introduced in 1954.



Important Tooth Talk

The American Dental Association recommendation for toothbrushing is:

- Brush your teeth for two minutes twice a day with a toothbrush that has soft bristles.
- Replace toothbrushes every three to four months or more often if the bristles are visibly matted or frayed.
- Either manual or powered toothbrushes can be used effectively.

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Visit us at our website: www.communitydental.org